




# YOUTH ONLINE SAFETY



## Cyber Safety Tips

- The Internet is a **public place!** Assume that all messages you send can be read by everyone.
- Do not post anything online you do not want the whole world to see and have access to forever.
- Do not give out your **ASL** (age, sex, location) or any other personal information online. 
- Keep your webpage private and do not share your password with anyone except your parents.
- **“Stop, Block, And Tell!”** - If someone says or sends you something that makes you uncomfortable, sign off, block them, and report the incident.
- **NEVER** meet anyone in the real world that you met online.
- Avoid chat rooms and **NEVER** go private with someone you met in a chat room.
- Keep your webcam unplugged when you're not using it. **NEVER** use a webcam with someone you don't know.

- Human Relations Media,  
*Think Before You Click*

## What is Cyber-Bullying?

- Using cell-phones, the internet, chat rooms or e-mail to hurt or scare someone i.e. – mean e-mails or texts, posting or distributing pictures and spreading lies or rumours.

## How to Avoid Cyber-Bullying:

- Speak up against bullying when you see it.
- Never make threats or mean comments over the Internet, even as a joke.
- If you are bullied online, talk to a trusted adult. Telling is not tattling!
- Print out any threats you receive or see and show them to a trusted adult. The incident may be subject to school and or police investigation.



## Resources

### Safe Kids Search Engine

- [www.askkids.com](http://www.askkids.com)
- [www.cybersleuth.com](http://www.cybersleuth.com)
- [www.AOLkids.com](http://www.AOLkids.com)

### St Leonard's Society

519-759-8830

### Mobile Crisis Response Service – Youth Counseling

519-759-7188

### Kids Help Phone

- [kidshelpphone.ca](http://kidshelpphone.ca)
- 1-800-668-6868

### Canadian Centre for Child Protection

[www.kidsintheknow.ca](http://www.kidsintheknow.ca)

[www.thedoorthatsnotlocked.ca](http://www.thedoorthatsnotlocked.ca)

[www.cybertip.ca](http://www.cybertip.ca)

### NetSmartz Workshop

[www.netsmartz.org](http://www.netsmartz.org)

